

*What is My*

# Life Purpose?

Tool Kit

## Part 2

from **Conscious Emotions vs. Emotional Mafia** book

*Maria Siderova*

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### **“What is my life purpose?” Took Kit, Part 2**

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## ***How does your life purpose look like?***

**From the *Nurture* Chapter or the *Conscious Emotions vs. Emotional Mafia* book.**

“I want to share with you the message I channeled many years ago about life purpose. It was shown to me in the shape of a beautiful, perfectly shaped flower, so vital, healthy, bright, and magical.

Look at the picture “Balanced Life Purpose Flower,” this is how it looks on a scheme.

There are a few petals here. For simplicity, I drew seven of them, as in each case, the amount will be different, depending on the overall life purpose and conscious choices.

Numbers on the petals represent areas of life, for example:

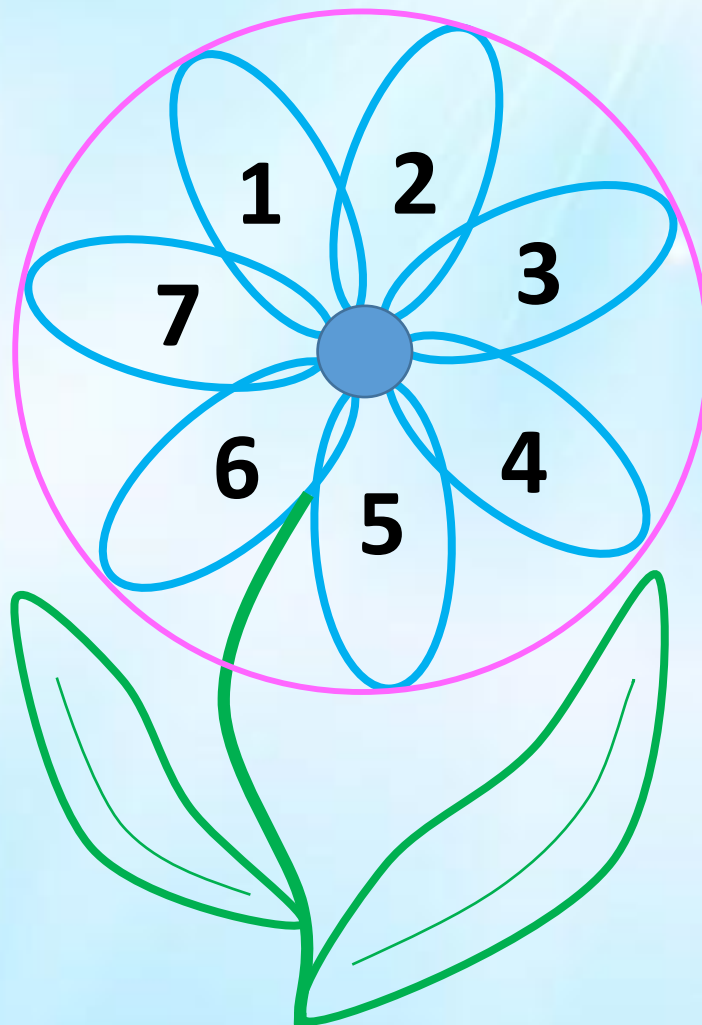
1. Family
2. Friends
3. Health
4. Finances

5. Business and work

6. Spirituality

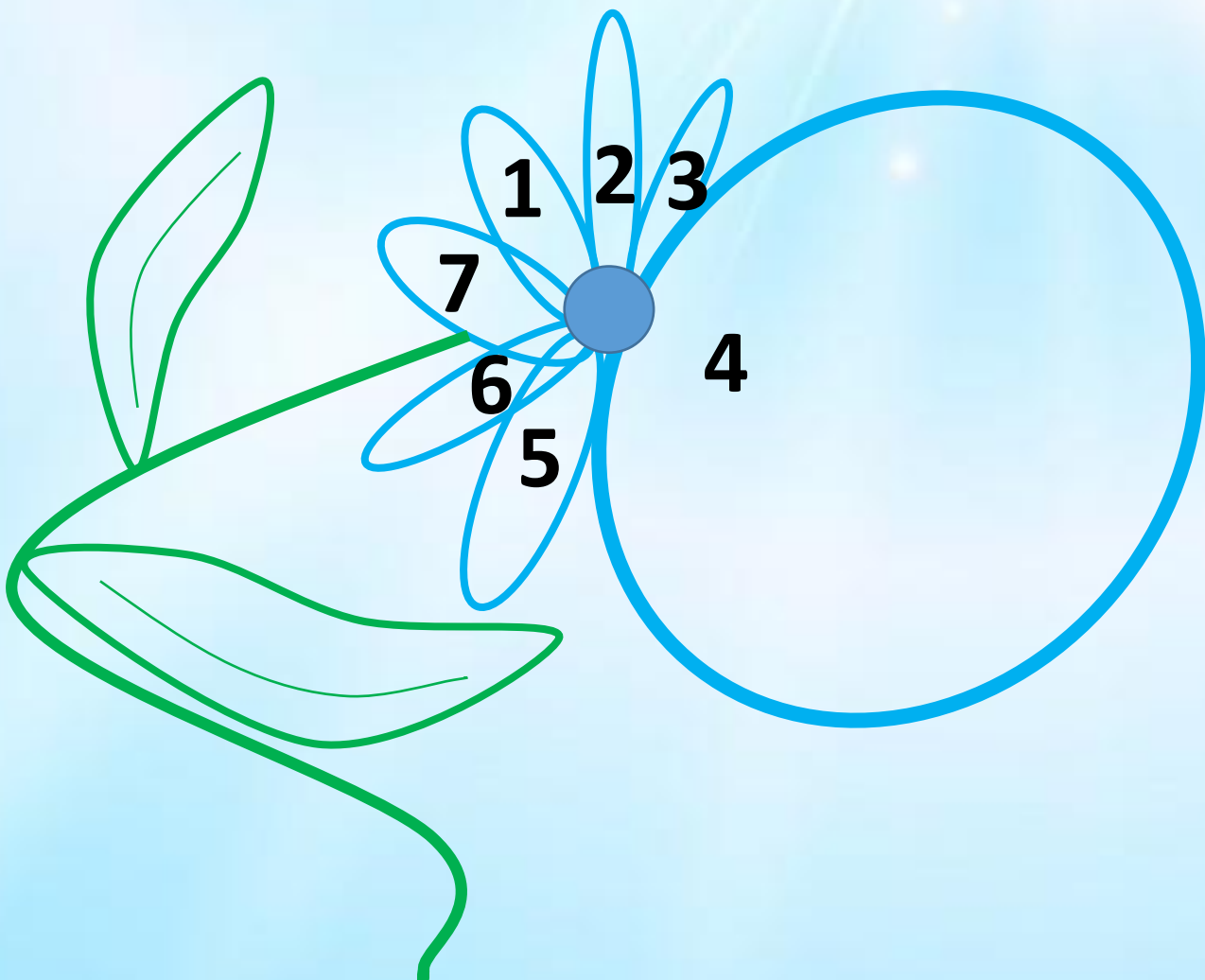
7. Hobbies

### Balanced Life Purpose Flower



There might be other areas, for example, rest, creative self-expression, hobbies, free time, and so on. Your flower might have more or fewer petals, and it's very individual. As you can see, each petal is more or less equal to others, and all together, they create a circle, a beautiful Divine sphere. Now, let's look at the "Imbalanced Life Purpose Flower" picture.

### Imbalanced Life Purpose Flower



You see a great misbalance between the areas; one petal is so huge that it's bending the whole flower, so it's not looking healthy anymore. This happens when one area of our life becomes too important.

In the picture, I overexaggerated it, as in a real-life situation, it would mean that one becomes obsessed with this area of life, ignoring all the other areas. It can even lead to depression or to other medical or mental conditions.

In this case, this is the petal # 4, which represents finances, but it can be any area of life. With such enormous imbalance, one can't enjoy or even focus on the other areas, and they see the rest of the areas of life, or life purposes, as irrelevant. It means failing to fulfill one's life purpose.

Many tend to think about life purpose as either a profession or a specific task. This way of thinking is a significant limitation. Your life is very multidimensional, and so is your life purpose. The Divine circle consists of many petals – sub-life purposes – and together, they create a perfect sphere.

Can you consciously choose to focus on one area of life? Yes, for example, monks decide to devote their whole life to a spiritual aspect. Then their whole life purpose consists of only one petal, creating a perfect sphere. The difference is that the entire flower's power and energy support the single aspect, making it even more powerful.

The question is, how conscious are you when you make a choice? Do you realize that you will fail in fulfilling other life purposes?

Do you want to know how your life purpose flower looks?

*Take your time and write down:*

- How many petals your life flower has and what they are.
- How do your petals look? You have a list of petals, now prioritize and ask yourself, how much time and energy do you put into each petal? Draw petals based on the research.
- How does your life purpose flower look? See the real picture. Accept it.
- How do you want it to look, and what needs to be done to balance it? Make a list of actions.

Each petal is in connection with the other; each supports and influences the other. In your case, petals don't have to be equal, but they should be balanced and nurtured.

*Real nurture is supporting your life purpose flower to be vital and to bloom.*

## ***Do You Feel Guided to Delve Deeper?***

Open up, Explore, and Live life better than you can ever imagine, a life of your True Life Purpose.

*You came here fully equipped to live the life of limitless potential: unconditional love, joy, inner peace, abundance, and creativity! Tap into these inner gifts and expect miracles beyond your wildest imagination! ~ Maria Sidorova*

This is not a coincidence; you were led by your Sacred Divine Self, your Angels, and your intuition to this program to help you to open up, dwell deeply, and explore The Real You.

It means that you are ready to shift and eliminate what is not working for you and blocking you from your unlimited potential and Divine gifts you came here to explore and embody the rewards of joy, love, and light, playfulness, creative self-expression, and manifestation.

*“What is my Life Purpose”* course is here to help you to open to unlimited possibilities and inner truths. Every word of this program I wrote with love. I prayed that through this course, your Divine would lovingly show you the way to your highest and best potential, to your Divine potential and Divine purpose.



*Does your heart call to go deeper?*

I am blessed by witnessing miracles in the lives of my clients again and again. Working together will help you to clear the energetic blocks that you hold and release unhealthy patterns from your subconscious mind. Using my intuition and being guided by our Sacred Divine Self, it is my honor and privilege to bring messages and show you the ways of how you can overcome, heal and breakthrough in life to expand your reality, to raise your energy level and to realize the truth of who you are.

You are very powerful and influential. Your happiness is a beautiful beam of light radiating so brightly that it brings light to the whole planet, to all of us. That is why your happiness is so important. I am thrilled and honored our paths have crossed. I would love to assist you with your most important and compelling journey to discover The Real You.

Find enclosed the list of services I offer to help you thrive in life, including my one-on-one sessions, group programs, and classes.

*Maria Sidorova's Books and Decks of Cards:*

- *Manifest with Tarot Book* and *Manifest with Tarot Workbook* is a guide to using any deck as a tool for improving your life through manifestation.

- *Conscious Emotions vs. Emotional Mafia* describes 44 emotions in detail to offer a more profound understanding of how each feeling forms and functions.
- *Elevate Your Emotions Book and a 44-card deck* points you toward more significant healing, balance, along with added positive emotions in your life.
- *Essential Oils to Elevate Your Emotions* is an essential oils guide for emotional healing and higher wellness in life.
- *Videiya Ra's Quote-Book* brings to light and helps you identify and analyze your emotions so that you can become more aware of them and manage them more easily.
- *Quote-Book* promotes greater awareness of the lessons learned from the *Elevate Your Emotions* concepts to apply them to the wisdom of others.
- *Your Spiritual Guide to Youth and Beauty* shows how vitality comes from healthy inner-states, promoting long-lasting results instead of short-lived solutions.

- *Death from a Spiritual Point of View* tackles life decisions that we often procrastinate making, offering points of preparedness for consideration during this crucial time.
- *100+ Reiki daily uses for a happy, meaningful life* will help you to manifest the changes you want to see in life, making this book an essential daily guide.
- *What Is My Life Purpose tool kit* features an online course that supports you on your journey toward greater wellness in all areas of your life.

***Online Sessions and Classes with Maria:*** Please sign up at my website:  
[www.expandreality.com](http://www.expandreality.com)

I look forward to getting to know you and serving you on your journey.

May you be blessed with all of what your Divine blessing you with,

Maria Sidorova

Spiritual Counselor, Teacher, and Author